Learning through reflection

a 20 minute workshop activity
Groups of three

Individually:

Identify an issue (problem, challenge, initiative) in your own teaching and learning.

Make a few notes for yourself

5 minutes
Criteria for selecting an issue

- It affects your teaching and learning
- It is about your work
- Real not made up
- You have no apparent solution
- It is appropriate to talk about openly in this group today
Take turns listening
– allocate roles for each turn

- **A presenter** who talks about their issue
- **A critical friend** who helps the presenter by reflecting, prompting, listening, questioning but not giving advice or problem solving.
- **An observer** who gives feedback to both other presenter and the critical friend on how they followed the **process**, no the issue they discussed.

10 minutes
Reflect using the observer

1. What did the presenter learn from the conversation?
2. What did the critical friend do that helped to deepen the reflection?
3. How did each participant feel about the conversation?
Whole group

Report back – draw some conclusions about ‘helping others to reflect’