Maternal and Child Health Key Age and Stage service activities project

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Department of Human Services
Rationale

• Further progress the implementation of the Future Directions for the Victorian MCH Service
• Realign the universal MCH service activities framework in accordance with current evidence
• Strengthen the clinical role of the MCH nurse
Scope

• MCH key age and stage visits will continue to be undertaken by a MCH nurse
• Retain the existing 10 key age and stage visits
• Flexible service capacity, EMCH service and MCH line are out of scope
Consultation

• Working Group
  – Strong MCH Membership
  – Commenced March 2006
  – Regular Meetings
  – To review the evidence
  – Balance community expectation
Service Activity Framework

- Assessment
- Health promotion
- Intervention

Note: This framework is intended to be complemented by opportunistic activity by MCH nurses.
Assessment

• Physical

• Developmental
  – Parent Evaluation of Developmental Status (PEDS)
  – Brigance (secondary screen)

• Parental wellbeing
  – Incl. Edinburgh Post Natal Depression scale (secondary screen)

• Melbourne Initial Screening Test (MIST)

• Hearing Risk Factor
Health Promotion

- Breastfeeding
- Immunisation
- SIDS
- Sunsmart
- Injury prevention
- Oral health
- Vitamin K
- Newborn screening test
- Never shake a baby
- Other priorities as identified
Interventions

- Domestic violence
- Oral health
- QUIT – smoking cessation
- SIDS – safe sleeping
Initial sites

• Bayside, Yarra Ranges, Wyndham and Wodonga
  – Rural/Metro
  – CALD, Aboriginal representation
  – Growth area

• Training

• Support
## Project timelines - proposed

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Info/training sessions</td>
<td>Jan/Mar 2007</td>
</tr>
<tr>
<td>Commence in initial sites</td>
<td>April 2007</td>
</tr>
<tr>
<td>Commence evaluation</td>
<td>April 2007</td>
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<tr>
<td>Commence Statewide rollout</td>
<td>July 2008 (proposed)</td>
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</tbody>
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Further information

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