

Phase 3

Sunshine Special Development School

Individual goals for students – Work Skills

Strand – Physical Personal, and Social Learning

Domain – Health and Physical Education

- To eat in a socially acceptable way
- To use cafeteria facilities in a socially appropriate way
- To follow OH&S guidelines and procedures
- To recognize when it is hot or cold and wear appropriate clothing

Domain – Interpersonal Development

- To acknowledge and carry out an instruction or direction
- To ask for help or more direction if the instruction was not understood
- To accept change in a mature and responsible manner.
- To behave in a polite manner and work co-operatively with others.
- To dress in an appropriate way
- To always be acceptable groomed for work
- To have a joke in a social situation and recognize when it is time to stop or that the joke is finished
- To respect other people's personal space

Domain – Personal Learning

- To show initiative when working by checking own work and correcting errors as necessary.
- To request help when needed.
- To work with consistent speed over a ___ hour period.
- To work with acceptable speed (___) over a ___ hour period
- To continue working even when distractions are present.
- To work cooperatively with others.
- To concentrate on the task in a positive manner
- To return from tasks without becoming sidetracked
- To carry and care for their wallet while working
- To keep work area tidy and organized

Strand – Discipline based learning

Domain – Mathematics

- To follow a ___ step instruction.
- To keep track of equipment, stores etc without misplacing them
- To identify and follow daily routines.
- To verbally identify break time – morning tea, lunch etc
- To sign to identify break time – morning tea, lunch etc.
- To use the analogue/digital clock to identify break time – morning tea, lunch etc.
- To appear in work area on time

Domain – Science

- To observe and obey specific safety rules for the job.
- To plant seeds for observation and understand the needs for growing seeds
- To participate in watering the garden and newly planted seeds, seedlings and cuttings

Strand – Interdisciplinary Learning

Domain – English/Communication

- To make eye contact when listening and speaking
- To speak using an appropriate volume and tone

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- To greet supervisor/s appropriately
- To greet co-workers appropriately
- To engage in appropriate conversation with supervisor/s
- To use co-workers' and supervisors' names when speaking to them
- To wait for your turn in a conversation
- To recognize and obey safety signs

Domain – Thinking Processes

- When one task is finished, promptly begins or asks for another
- Checks own work and corrects errors as necessary
- Tolerates and accepts stressors of the job e.g. Dirt, movement, smell, job pressure.
- Follows instruction to set up sufficient materials, utensils or tools
- To behave appropriately in the various areas of a work environment
- To remember and follow instructions minutes after they are presented.
- To complete an external work-experience placement
- To finish one task before beginning another
- Learns names of and behaves responsibly with tools, equipment and materials

Domain – ICT

- To complete one component of the Tool Handling Certificate

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Individual goals for students – Independent Living Skills

Strand – Physical, Personal and Social Learning

Domain – Health and Physical Education

- To seek attention for pain by action or word
- To prevent sunburn by independently applying sunscreen and a hat
- To recognize an emergency and be able to go through the process of dialing 000 for an emergency
- To recognize a healthy alternative when choosing food
- Understands that food preparation requires extra cleanliness, wears gloves, hat and keep self very clean when preparing food
- Recognizes the need to and independently changes gloves when necessary
- To follow safe procedure when independently plugging in an electric appliance
- To handle hot objects safely

Domain – Interpersonal Development

- To respect other peoples personal space when working in a team situation.
- To fulfill their responsibility within the catering team when completing an order.
- To independently/co-actively set the table with a cloth, plates, cutlery, glasses etc
- To independently/co-actively clear the table
- To independently/co-actively load the dishwasher
- To measure the powder for the dishwasher
- To independently/co-actively turn on the dishwasher
- To load clothes into the washing machine
- To measure washing powder and put it in the machine
- To independently/co-actively turn on the washing machine
- To independently/co-actively use an iron
- To independently clean up after eating, rubbish in the bin, dishes in the dishwasher and table wiped.
- Displays an awareness of personal stranger danger and acts in a socially acceptable way when out in public

Domain – Personal Learning

- To flush the toilet independently
- To independently wash and dry hands after using the toilet
- To adjust clothes appropriately after using the toilet
- Recognizes the need to use deodorant
- Independently/co-actively uses deodorant
- To independently/coactively use skin care products
- To independently/coactively trim own finger nails
- To independently/coactively trim own toe nails
- To identify the need for a shave
- To independently/coactively shave with the electric razor
- To brush/comb hair independently
- To brush/comb hair co-actively
- To independently brush teeth using the correct amount of tooth paste
- To co-actively brush teeth using the correct amount of toothpaste.
- To independently/co-actively spray and clean the sink after brushing teeth
- To independently have a shower following all of the steps in the showering script
- To co-actively have a shower following all of the steps in the showering script
- To independently dress oneself
- To independently undress oneself
- To independently tie shoe laces
- To turn the garments to the right side if necessary
- To identify the back and front of garments
- To independently/co-actively make a hot drink using the electric kettle
- To independently/co-actively use the toaster

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- To independently/co-actively use the microwave to assist in the preparation of foods
- To independently/co-actively use the sandwich maker to toast a sandwich

Domain – Civic and Citizenship

- To interact with members of the community in a mature and responsible manner when serving or delivering food

Strand – Discipline –based Learning

Domain – The Arts

- To co-actively/independently use a sewing machine
- To co-actively/independently use a needle and thread

Domain – Mathematics

- To accept money in exchange for goods when selling morning tea
- To give the correct change when selling morning tea
- To serve the requested amount of cakes etc. when selling morning tea
- To tell the time using a digital clock
- To tell the time using an analogue clock
- To follow the daily timetable and stay with the appropriate team
- To independently use a measuring cup or spoon to get the correct amount when following a recipe in a group situation

Strand - Interdisciplinary Learning

Domain – English/Communication

- To independently read a simple recipe
- To co-actively follow a recipe
- To independently write a shopping list
- To independently locate ___ items in the local supermarket
- To follow a shopping list and co-actively locate ___ items in the local supermarket
- To ask for assistance in the supermarket if they cannot find an object
- To identify the appropriate toilet for gender.
- To independently follow a ____ part instruction

Domain – ICT

- To use the computer to write a shopping list
- To independently/co-actively use email
- To independently/co-actively use the internet for personal pleasure
- To independently/co-actively use a digital camera

Domain – Thinking Processes

- To identify the utensils or equipment required for a set task
- To independently/co-actively get or locate the utensils or equipment for a set task

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Individual goals for students – Functioning within the Community

Strand – Physical, Personal and Social Learning

Domain – Health and Physical Education

- To eat in a socially acceptable way when out in the community
- To try a variety of foods when eating out
- To recognize and occasionally choose a healthy alternative when eating out
- To access the local swimming pool for leisure purposes and personal safety
- To access the local gym for personal health and leisure
- To access the local library for leisure and educational purposes
- To participate in a regular bike riding program with a focus on personal skills and safety
- To walk or move confidently on a flat even surface
- To independently walk or move up and down gutters and/or steps
- To walk for at least ___ minutes at a steady pace
- To independently fasten and unfasten a seat belt
- When walking in public to look ahead and use the footpath whenever possible
- To independently recognize the dangers involved with and cross the road in a safe manner
- With verbal and/or physical prompting to wait and look before crossing the road
- To recognize and understand the meaning of the red and green man at crossings
- To independently press the button at a pedestrian crossing

Domain – Interpersonal skills

- To use an acceptable volume and tone when talking to others at the table
- To request help and/or clean up spills
- To queue and wait using appropriate manners
- Remembers to empty mouth before speaking
- Passes food/drink on request
- To verbally request food/drink be passed at the table

Domain – Personal Learning

- To independently handle own food/drink using a plate, bowl, glass, straw, utensils etc. in a socially acceptable way
- Uses a serviette to wipe hand/mouth during and after a meal
- Handles personal wallet in a responsible manner
- When requested can find and presents personal identification card
- Understands that the personal identification card can be used in an emergency situation
- Can verbally state name and phone number
- Independently/co-actively goes to the office and withdraws their weekly money
- Independently/co-actively puts their money in their wallet

Domain – Civics and Citizenship

- Experiences and names a range of places within the community including, the library, swimming pool, gym, shopping centres, beaches, post office and local parks
- To respect other people personal property
- To locate the bus stop
- To locate local railway station
- To identify direction of travel and stand on the correct side of the train platform
- To enter the train in a safe manner and stand and hold the strap/handle if a seat is unavailable
- In a local centre can independently find:
 - eating area
 - public toilets
 - supermarket
 - bank
 - post office

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- public telephone
- letter box
- bus stop
- taxi rank
- car park
- To stand and wait for transport in a safe and socially acceptable manner
- To respect other peoples personal space when walking in public

Strand – Discipline – based Learning

Domain – Mathematics

- Independently/co-actively completes a bank withdrawal form
- Displays an awareness and understanding of their weekly budget
- To independently/co-actively count the amount of money in their wallet
- To understand that we need to have money to travel and buy items when out
- To pay the cashier for items to be purchased and to wait for change
- To get out the correct amount of money for their bus ticket
- To offer an estimated amount of money when buying a bus ticket
- To offer an estimated amount of money when buying lunch
- To independently/co-actively wait for and put their change in their wallet when buying goods
- To ask for a receipt when purchasing goods
- To read the timetable to find out when the next bus is coming
- To show an awareness of times/timetables
- To identify the correct bus
- To recognize the need to and independently ring the bell to stop the bus
- To independently/co-actively use a phone to dial home number
- To independently/co-actively use a phone to dial school number

Strand – Interdisciplinary Learning

Domain – English/Communication

- To use a clear voice to request a bus/train/tram ticket
- To independently show the correct card to request a bus/train/tram ticket
- To use a clear voice to order food when out in the community
- To use a clear voice to make a selection from a restaurant menu
- To gain eye contact and point to the desired food when out in public
- To greet the office staff by gaining eye contact and saying hello when withdrawing money
- Shake a persons hand and use eye contact when greeting them
- Introduce oneself when meeting a person for the first time
- To show an awareness of stranger danger when out in public by just saying hello to strangers if the situation arises
- To hold a two way conversation with peers at the meal table for at least ____ minutes.