



DIGA

Description:

DIGA (**D**escribe, **I**nterpret, **G**eneralise, **A**pply) is a tool used for reflection by individual students or classes to create a deeper understanding of a topic, skill or process.

How could I use it?

- ★ For reflection before or after an assignment, unit or topic.
- ★ As a process to refocus a student, class or team.
- ★ To reflect after an excursion or incursion.

Why should I use it?

- ★ It is a structured process that promotes higher order thinking to reflect on an experience and to examine ways to use what has been learnt.
- ★ It can be useful as part of a student self evaluation process.

When should I use it?

- ★ It is used to debrief after a learning activity.
- ★ It can be used at the end of a unit or topic.

How do I use it?

- ★ **Describe** what happened in the learning activity.
- ★ **Interpret** or internalise the learning by asking questions such as:
 - What did this mean to you?
 - Why did we do it?
 - What did I learn from this?
 - What effect will this have on my future learning?
- ★ **Generalise** the experience or concepts learnt.

★ **Apply** the learning to other activities that are being undertaken or planned by asking questions such as:

- How does what I have learnt apply to...?
- How can I use this learning in other subject?
- How can I use this to improve my skill in...?
- Is there any of this work that I can use in the next unit, topic or activity?