

# 24 HOURS / 7 DAYS

## FREE, CONFIDENTIAL & INDEPENDENT COUNSELLING

### Employee Assistance Program (EAP)

- Short term individual self referral, professional, and confidential counselling support for a range of issues including:

Managing workloads

Conflict Resolution

Depression

Substance Abuse

Work Related Concerns

Stress & Anxiety

Relationship breakdown

Grief & Loss

Bullying & Harassment

- Specialised Support for Workplaces such as:

Managing Stress

Coping with change

Managing Work Demands

Workplace Morale

### Manager Assist

A dedicated Manager Assist telephone advisory service provides management advice and support to principals and managers.

(Please Note: This service comes into effect from 18 October 2008)



## Freecall 1800 337 068

[www.convergeinternational.com.au](http://www.convergeinternational.com.au)