

3.16 Physical and sport education

The Department of Education and Early Childhood Development places a high priority on the teaching of physical and sport education to:

- ensure an increase in the participation rate of young people in physical activity
- raise young people's levels of physical competency
- redress young people's declining health and fitness levels.

3.16.1 Physical and sport education policy

The mandated time allocations for physical and sport education for all students in Years P–10 in government schools are as follows:

Primary schools:

- Years P–3: twenty–thirty minutes of physical education a day.
- Years 4–6: three hours per week of physical education and sport with a minimum provision of 50 per cent for physical education.

Secondary schools:

- Years 7–10: 100 minutes per week for physical education and 100 minutes per week for sport.

3.16.2 School sport

The Victorian Primary Schools' Sports Association (VPSSA) and the Victorian Secondary Schools' Sports Association (VSSSA), under the umbrella of School Sport Victoria, administer and organise fixtures for all primary and secondary school sport.

Enquiries should be directed to School Sport Victoria on 94889466

3.16.3 Professional development

The physical, health and sport education (PHASE) professional development program for teachers was developed to improve the quality of the teaching and learning of physical, health and sport education. All PHASE courses are free, offered locally and are conducted out of school hours.

Enquiries concerning PHASE courses should be directed to the PHASE Coordinator at Australian Council for Health, Physical Education and Recreation (ACHPER) <http://www.achper.org.au/>

3.16.4 Resources

Website

The Health and Physical Education Domain Page contains links to: Victorian Essential Learning Standards; Health and Physical Education-related learning and teaching support materials such as web sites, publications and other on-line resources, Health and Physical Education assessment maps, professional learning support including links to teacher's associations; and identifies current research in the area of Health and Physical Education.

<http://www.education.vic.gov.au/studentlearning/teachingresources/health/>